



Alpharetta Youth Baseball Association

13-15 Major League General Rec Rules

Playing Rules

- A. All recreation league play shall be governed by the current Official Major League Baseball Rules, modified by the current Dizzy Dean Official Rules Book, modified by the current Alpharetta Youth Baseball Association.
- B. Games will have a time limit of One Hour Forty-Five Minutes, umpires' must inform both teams coaches of when time has elapsed prior to the last out of an inning.
- C. A new inning begins at the instant that the last out is made in the previous inning.
- D. Run Limits – A Game is over after the following: 15 runs after 3 innings or 10 runs after 5 innings
- E. No player shall be omitted from the defensive lineup in two innings until everyone on the team has been omitted from the defensive lineup in one inning. No player shall be omitted from the defensive lineup in any two consecutive innings. This includes drafted up players.
- F. A player who starts an inning in the defensive lineup shall complete the inning in the defensive lineup, unless prevented from continuing by injury, illness, or discipline. Exception: Pitchers may be removed from the game after completing pitching to one batter.
- G. Substitute players for regular season rec games must be registered rec players from the current season from the same age group.
- H. Substitute player rules for any tournament game are same as above, except teams are restricted to just 1 substitute player and may only get 1 substitute player when their team has only 7 players available. Meaning that in a tournament game if you need a substitute player you can have only 8 players total.
- I. Substitute players must play outfield and bat last.
- J. You are not allowed to have more than 2 substitute players in a regular season game and only 1 substitute player in a tournament game (see section F).
- K. The head coach must attend the plate meeting at the beginning of the game if available. The official start time will be declared at the end of this plate meeting.
- L. Going over the top of the fielder (in possession of the ball) who is not lying on the ground, such as hurdling, jumping feet first, and diving is dangerous and, therefore, is illegal. The act of obstruction does not negate the runner's responsibility to avoid a fielder legally. The runner must slide or avoid the player, legally. Jumping over is not a legal slide. The runner will be called out and the team receives a team warning. On the second team violation, the player is ejected.
- M. Teams will not be given an automatic out from a player that has to leave the game early or arrives late. Late players must bat last.
- N. Physical contact or violence involving a player, coach, or parent will result in automatic ejection from the game, a one game automatic suspension, and possible suspension from the league.
- O. Courtesy Runner for Pitcher or Catcher can be used at any time (Last batted out).



Alpharetta Youth Baseball Association

P. When a pitcher is turned in on a lineup card he is the pitcher of record and must face a batter to completion before he can be substituted for. Any player who toes the rubber and takes a warm up pitch to begin an inning will be the pitcher of record for that inning and must face a batter to completion before he can be substituted for.

Q. **Pitching Rules:**

- Calendar Day is from Midnight (12:00 AM) to 11:59 PM.
 - 0 – 29 pitches – no rest. Eligible to pitch the next day
 - 30 – 44 pitches – 1 day rest. Pitches on Monday, eligible to pitch Wednesday
 - 45 – 54 pitches – 2 days rest. Pitches on Monday, eligible to pitch Thursday
 - 55 – 70 pitches – 3 days rest. Pitches on Monday, eligible to pitch Friday
 - One day max 70 pitches
 - A pitcher that reaches his max pitches allowed for the day may continue to pitch to the current batter until he is put out or reaches base. A pitcher shall not be permitted to pitch to a NEW batter once their max pitches per day have been met.
 - Intentional walks are allowed, the pitcher will be required to throw the 4 pitches and the ball is in play.
 - Any pitcher playing in the same game may return to the mound one time
 - All suspended / makeup games will adhere to the regular season pitch count rules. A pitcher pitching in a suspended / makeup game must follow pitch count rules regardless of when the game is made up.
- R. Coaches of the same game should verify pitch counts after the game. Then one coach will need to email the official game score and pitchers of record and pitch counts to the League Rep ensuring the coach for the opposing team is copied. Once pitch counts are emailed to the League Rep, all pitch counts are final. The League Rep will email pitch counts and standings to all coaches in the league on a consistent basis. Pitch counts will be posted on the AYBA website.
- S. Any pitcher playing in the same game may return to the mound one time.
- T. All pitchers will pitch from 54' or 60', 15s must pitch from 60' if mound is available and 13s/14s may pitch from either distance when available. Note all pitchers will pitch from 54' on Wills Park Field 4 (turf field).

Conduct and Sportsmanship

It is the Head Coach's responsibility to manage and control their teams and to lead by example.

- Inappropriate, obscene, or abusive language or behavior may result in a player, coach, parent, or spectator being ejected from the game/park. This includes arguing with umpires and un-sportsman like conduct.
- All umpires and AYBA board members have the authority to eject anyone violating the conduct rules.
- Any player, coach, parent, or spectator ejected from a game must leave the field immediately and are not allowed to stay near the field or sit in the stands, but are allowed to wait in the parking lot if needed.



Alpharetta Youth Baseball Association

- First ejection – Leave game immediately and suspended from attending or participating in the next scheduled game.
- Second ejection – Same as above, but with 2 game suspension
- Third ejection – Suspended for rest of season including tournament.
- Physical contact or violence involving a player, coach, or parent will result in automatic ejection from the game, a one game automatic suspension, and possible suspension from the league.
- If a player demonstrates actions which are detrimental and or abusive to the team, the player will be suspended from the team immediately and will not participate in any games or practices until the suspension is reviewed by AYBA Commissioner.

AYBA may revise/alter rules at any time during a season if needed to enhance the program